

Elaine Kaye, Author of PEA SOUP DISASTER
(A Gregory Green Adventure Series)



What is Bullying?

When someone (such as a classmate) causes harm to another student on purpose, making that student feel helpless. Usually the ones who do the bullying have more power. They may be taller, older, or more popular (have more friends) than the kids they pick on.

Is It Bullying If... (Circle One)

- A classmate or a group of students make fun of another for what he or she looks like or wears?

Yes or No

- Someone says, "I like your shirt."

Yes or No

- Several students tease another student about what he or she has to eat for lunch?

Yes or No

- Your friend gives you half of their cookie?

Yes or No

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- **A kid in class or on the bus takes another student's things and won't give them back?**

Yes or No

- **Another kid tells the bully to give back the student's things?**

Yes or No

- **One student always pushes, trips, or pinches another?**

Yes or No

- **A classmate helps up someone who was tripped?**

Yes or No

- **A classmate or a group of them constantly leaves someone out, not picking on him or her to play games?**

Yes or No

- **Other kids make up mean rhymes using your name?**

Yes or No

- **Someone mimics (copies) another classmate to make others laugh at and embarrass him or her?**

Yes or No

- **A student stands up for another who gets picked on?**

Yes or No

Being a bully and being a friend are very different. Here are more examples to help you tell the difference.

A Bully:

- Teases
- Name calls
- Plays mean jokes
- Tells other kids to not be friends with you
- Hits, kicks, trips, pinches
- Sticks out their tongue at you
- Does mean things

A Friend:

- Gives compliments
- Greet you with your name
- Tells you funny jokes
- Invites you to join their other friends
- Hugs you
- Smiles at you
- Does nice things

If you ever see another kid or classmate bullying another, tell an adult, such as your teacher, bus driver, or a parent.

Answers:

Yes, No, Yes, No, Yes, No, Yes, No, Yes, Yes, Yes, No